

TraumaTALKS Individual and Group Pricing

On-Demand Video Courses - Save up to 50%

Could it be Trauma? With Developmental Disabilities

- \$49 (per person)
- \$43 (5-100 participants)
- \$37 (101-200 participants)
- \$31 (201-300 participants)
- \$25 (301-1,000 participants)

An Introspective Look at Trauma and the Need for Self-Care

- \$30 (per person)
- \$26 (5-100 participants)
- \$23 (101-200 participants)
- \$19 (201-300 participants)
- \$15 (301-1,000 participants)

The Invisible Wounds of Childhood Trauma

- \$12 (per person)
- \$11 (5-100 participants)
- \$10 (101-200 participants)
- \$8 (201-300 participants)
- \$6 (301-1,000 participants)

In-Person Trainings

Could it be Trauma? Supporting Kids on the Road to Recovery

- Nonprofits/Schools/Faith-based
\$3,000 (up to 60 participants)
\$50 per person additional
- Corporate
\$4,000 (up to 50 participants)
\$50 per person additional

Managing Anxiety and PTSD Following a Cancer Diagnosis: Effective Strategies to Navigate

- Nonprofits/Schools/Faith-based
\$1,500 (up to 50 participants)
\$30 per person additional
- Corporate
\$2,500 (up to 50 participants)
\$30 per person additional

The Invisible Wounds of Childhood Trauma

- Nonprofits/Schools/Faith-based
\$1,500 (up to 50 participants)
\$30 per person additional
- Corporate
\$2,500 (up to 50 participants)
\$30 per person additional

Could it be Trauma? With Healthcare Perspectives

- \$49 (per person)
- \$43 (5-100 participants)
- \$37 (101-200 participants)
- \$31 (201-300 participants)
- \$25 (301-1,000 participants)

Managing Anxiety and PTSD Following a Cancer Diagnosis: Effective Strategies to Navigate

- \$20 (per person)
- \$18 (5-100 participants)
- \$15 (101-200 participants)
- \$13 (201-300 participants)
- \$10 (301-1,000 participants)

Over 500 participants - Call for Pricing

An Introspective Look at Trauma and the Need for Self-Care

- Nonprofits/Schools/Faith-based
\$2,000 (up to 50 participants)
\$40 per person additional
- Corporate
\$3,000 (up to 50 participants)
\$40 per person additional

Burnout: Fueling the Flame of Resilience

- Nonprofits/Schools/Faith-based
\$1,500 (up to 50 participants)
\$30 per person additional
- Corporate
\$2,500 (up to 50 participants)
\$30 per person additional

Contact Shawn Nemeth at
shawn@chesterstreetfoundation.org
to get started.

**Custom plans available
upon request.**

“

It's hard to overstate the value of our relationship with Chester Street Foundation. CSF's trainings have been meaningful, memorable, and so impactful to our health plan clinical team. Hundreds of our service coordinators have learned about self-care and managing stress to prevent burnout. But perhaps more importantly, these SCs now have practical tools to support youth through a trauma-informed approach, reducing triggers and fostering resilience as they grow into adulthood.

- Salil V. Desphande, MD, MBA, FACP, Chief Medical Officer, UnitedHealthcare

CHESTER STREET
FOUNDATION 


ChesterStreetFoundation.org
832.982.4514

Through education and collaboration, our mission is to shine a light on the invisible wounds of childhood trauma to promote prevention, recovery, and resilience in children, their families, and the professionals who serve them.



 @CSF4TheChildren

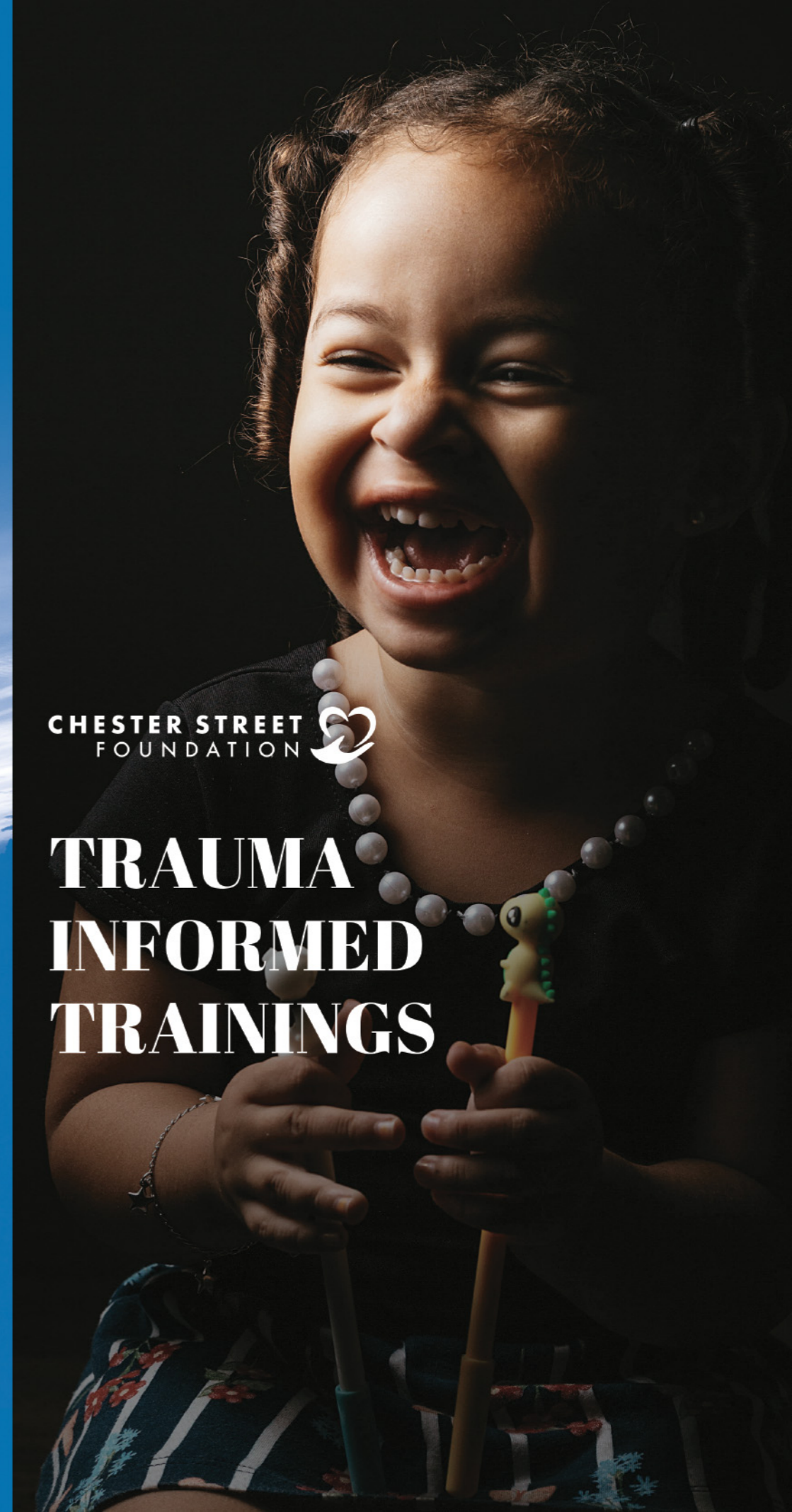
 @ChesterStreetFoundation

 @Chester-Street-Foundation

 @ChesterStreetFoundation2045

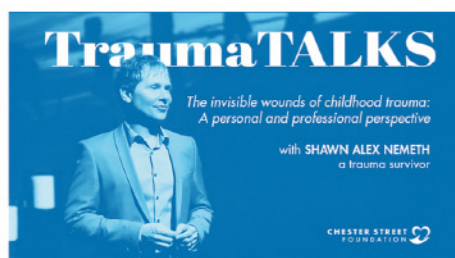
CHESTER STREET
FOUNDATION 

TRAUMA INFORMED TRAININGS



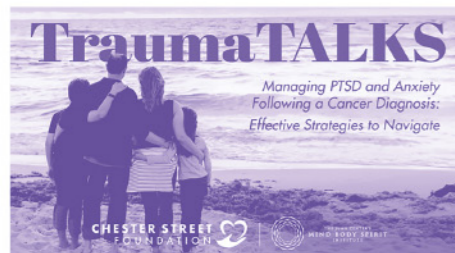
On-Demand Course Offerings

CEUs available for nurses, psychologists, social workers, educators, and advocates



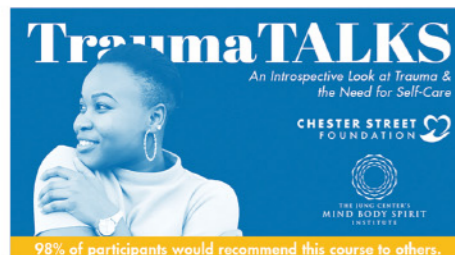
The Invisible Wounds of Childhood Trauma: A Personal and Professional Perspective (1 hour)

An introductory overview of childhood trauma and Shawn's inspirational story.



Managing PTSD and Anxiety Following a Cancer Diagnosis: Effective Strategies to Navigate (1 hour)

A focused presentation of this complex issue including evidence-based tools to relieve fear and anxiety.



An Introspective Look at Trauma and the Need for Self-Care (2 hours)

Designed to equip professionals and child-serving organizations with self-care tools, a personalized plan, and insights into how trauma impacts availability to others.



Could it be Trauma?

On-Demand series

An evidence-based training that helps professionals and caregivers understand trauma's impact on children's development, recognize its effects, and apply strategies to support healing.

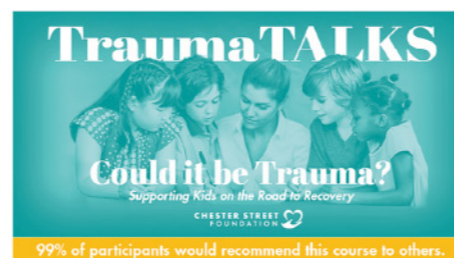


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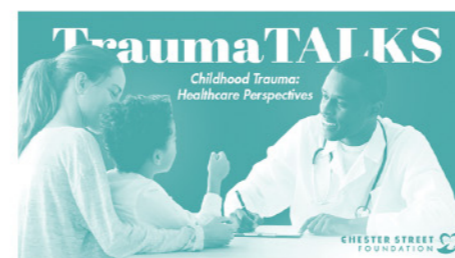


Could it be Trauma? With Developmental Disabilities (3 hours)

Allows learners to connect the foundational information learned from Could it be Trauma? to help formulate best practices when working with this vulnerable population.



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Could it be Trauma? With Healthcare Perspectives (3 hours) + Bonus Video on Developmental Disabilities

Healthcare Perspectives will allow learners to connect the foundational information learned from Could it be Trauma? to provide healthcare professionals with essential knowledge on recognizing childhood trauma in the healthcare setting.

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I thoroughly enjoyed the entire presentation. It was highly engaging and kept my attention. Both speakers were fantastic and provided authentic useful information.

- Laila P., Training Participant

Participating Instructors

Abdullah Alobaidi, MD
Assistant Professor / Baylor College of Medicine / Department of Psychiatry

Nicole Robinson, DNP, APRN, NE-BC
Family Nurse Practitioner / Nurse Educator
University of Houston / Fertitta Family College of Medicine

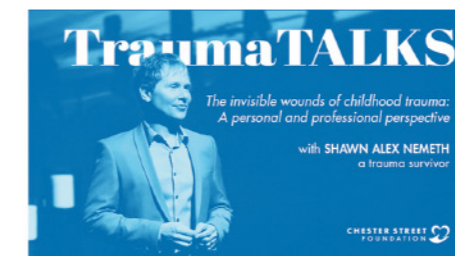
Bobbie Salinas, BSN, RN
Health Service Manager / UnitedHealthcare

Kenneth Monfort, PhD
Licensed Psychologist / Co-founder of Montfort Psychology Associates

Natalie Monfort, PhD
Licensed Psychologist / Co-founder of Montfort Psychology Associates

In-Person Trainings

CEUs available for psychologists, social workers, educators, and advocates



The Invisible Wounds of Childhood Trauma: A Personal and Professional Perspective (1 hour)

An introductory overview of childhood trauma and Shawn's inspirational story.



Burnout: Fueling the Flame of Resilience (1 hour)

A focused training that uses evidence-based techniques to address burnout, manage stress, and build resilience against the impacts of trauma on mental health.



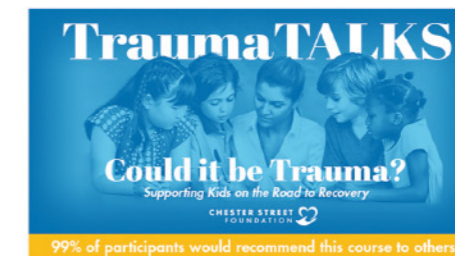
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Could it be Trauma? Supporting Kids on the Road to Recovery (3 hours)

An evidence-based training that helps professionals and caregivers understand trauma's impact on children's development, recognize its effects, and apply strategies to support healing.



Our Lead Instructors

Shawn Alex Nemeth
Founder & CEO
Chester Street Foundation

Ann Friedman, PhD
Psychologist and Certified Trauma Specialist.
Mental Health America of Greater Houston