

2025 Impact Report

Shining a light on the invisible wounds of childhood trauma through education and collaboration.

CHESTER STREET FOUNDATION



2025 HIGHLIGHTS



TraumaTALKS

IN-PERSON TRAININGS AND ON-DEMAND VIDEO COURSES

Thanks to your support, **we trained 549** educators, mental health and healthcare professionals, and advocates in 2025. Through the resources we have provided, our training participants are able to impact approximately **136,660 children and families**.

Of our **549** training participants:

- 75%** were In-Person Trainings
- 25%** were On-Demand Trainings

LONG-TERM IMPACT

(Data collected from participants across seven different schools, 1 - 2 years after the training was completed, revealed the following data.)

- 100%** of participants report utilizing at least one tool, with an average of three tools learned when working with the youth they serve.
- 100%** of participants regularly use at least two tools learned in *Could it be Trauma?* with the youth they serve.
- 95%** of participants are able to notice signs of traumatic stress responses in children's behavior after completing the *Could it be Trauma?* training.
- 91%** of participants are able to notice signs of developmental impairment in the youth they serve after completing the *Could it be Trauma?* training.

“As a guidance counselor, part of my role involves responsive counseling. There have been multiple instances when a student has come into my office feeling very anxious. Once we talk through their concerns and they reach a calmer place, I typically end the session by teaching them a grounding technique they can keep in their toolbox and use in the future as a coping strategy.”

-Training Participant

FEBRUARY 2025 TRAUMATALKS CONFERENCE

96 Registrants
Hosted at The Council on Recovery

Chester Street Foundation brought together clinicians, researchers, and experts on childhood trauma for its 3rd **TraumaTALKS Conference**. This one-day symposium highlighted youth populations who are disproportionately at-risk for trauma and equipped participants with best practices for helping children on their road to recovery.

- Sponsored by:**
- H-E-B
 - UnitedHealthcare
 - Institute for Spirituality and Health
 - Spring Branch Community Health Services
 - St Pauls United Methodist Church
 - The Council on Recovery



NEW PROGRAM COLLABORATIVE PARTNERS PROGRAM

This year we launched a new, 12-month structured program called the Collaborative Partners Program. We worked with each Collaborative Partner to curate a comprehensive program that provides trauma-informed care and stress reduction trainings designed to benefit youth, families, and the professionals supporting them.



In April 2025, Boys & Girls Clubs of Greater Houston joined our program, giving Shawn Alex Nemeth and Dr. Ann Friedman the opportunity to deliver trauma-informed training to **85 staff members** across Harris, Brazoria, Montgomery, and Galveston counties through the Collaborative Partners Program. Through this program, CSF has the potential to impact nearly **100,000 children and families**.

OUR 2025 - 2026 PARTNERS:



OUR 2025 SPONSORS:



The Reason Behind Our Mission

The National Survey of Children's Health reports that nearly **30 million** children have experienced some form of trauma—roughly **half of the students** in an average classroom.

2025 FINANCIALS



REVENUE
\$176,447

- 58% | Individuals
- 40% | Grants
- 1% | Corporations
- 1% | Earned



EXPENSES
\$202,974

- 73% | Program Services
- 22% | General Administrative
- 5% | General Fundraising

2025 BOARD MEMBERS

- Marian Cabanillas, MBA** (UnitedHealthcare), Chair
- Shawn Alex Nemeth** (Chester Street Foundation), CEO
- Kathryn E. Hayden** (Raymond James), Secretary
- Arlene Wells** (Skylark Resources, LLC), Treasurer
- Leah Adams** (Institute of Spirituality and Health at Texas Medical Center)
- Salil Deshpande, MD, MBA, FACP** (UnitedHealthcare)
- Katie Jackman** (Hey Jackman MKTG)
- Vernicka Porter-Sales, DO, FAAP** (Legacy Community Health)
- Albert M. Sanchez, MBA** (Central Houston, Inc.)
- Marlen J. Trujillo, PhD, MBA** (Spring Branch Community Health Center)



SUPPORTERS

\$20,000 - \$30,000



Ann Taylor & Mark Smith

\$5,000-\$10,000

- Benevity Community Impact
- UnitedHealth
- Esther Friedman Family Foundation
- Five Below Foundation
- Dr. James and Pamela Pool
- Jameson Gray
- Kathryn Hayden
- Regina Rogers
- St. Paul's United Methodist Foundation

\$1,000-\$4,999

- Albert Sanchez, MBA
- Arlene Wells
- Carlos Farinas, MD
- Catherine Velasquez
- DeJuana Jernigan, MSW, LCCA, LCPAA
- Jody Meraz
- Katie Jackman
- Marian Cabanillas, MBA
- Marlen Trujillo, PhD, MBA
- Mike Martin and Shawn Nemeth
- Pedro Diaz, MD
- Dr. Richard and Marie Fish
- Robert McLaughlin, PhD
- Salil Deshpande, MD, MBA, FACP
- St. Paul's UMC - Ordinary Life Class
- Vernicka Porter-Sales, MD
- William Lucia

\$250-\$999

- Anna Hathaway McKee
- Barbara Buckner
- Conswella Phipps
- Quality Life Fitness
- Richard Hightower
- Susan Larrey, MD

Every effort has been made to ensure that this list is accurate. Our sincere apologies for any error or omissions.

OVERSEEING PSYCHOLOGISTS

Ann Friedman, PhD & Megan Mooney, PhD

Thank you!

Chester Street Foundation a 501c(3) nonprofit, was founded in 2017 by childhood trauma survivor Shawn Alex Nemeth. CSF endeavors to shine a light on the invisible wounds of childhood trauma through education and collaboration, to promote prevention, recovery, and resilience in children, their families, and the professionals who serve them. Educating the adults around traumatized children is a crucial part of helping them on their road to recovery, so CSF developed TraumaTALKS, a series of high-quality trauma-informed trainings featuring Nemeth and licensed mental health professionals. **CSF is one of a few organizations in Texas that leverages both lived experience and evidenced-based research.**

CHESTER STREET
FOUNDATION

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