

2024 Impact Report

Shining a light on the invisible wounds of childhood trauma through education and collaboration.

CHESTER STREET FOUNDATION 

2024 HIGHLIGHTS



TraumaTALKS

IN-PERSON AND ON-DEMAND VIDEO COURSES

More than **2,500** educators, mental health and healthcare professionals, and advocates were trained in 2024, thanks to your support.

In **2024**, we produced two on-demand video courses, two new in-person trainings and provided training to **2,525 participants**, bringing our cumulative total to **almost 7,000 since 2018**.

Of our **2,525** training participants:

- 66%** were In-Person Trainings
- 34%** were On-Demand Trainings
- 84%** were new training participants

LONG-TERM IMPACT

(1 - 2 years after the training)

98% of participants who completed "Could it be Trauma? Supporting Kids on the Road to Recovery" agree that the training equipped them to support traumatized children.

91% of participants report utilizing an average of three tools learned when working with the youth they serve.

65% of participants use these skills monthly, **18%** multiple times monthly, and **9%** weekly.

“It’s hard to overstate the value of our relationship with Chester Street Foundation. Hundreds of our service coordinators have learned about self-care and managing stress to prevent burnout. But perhaps more importantly, these SCs now have practical tools to support youth through a trauma-informed approach, reducing triggers and fostering resilience as they grow into adulthood.”



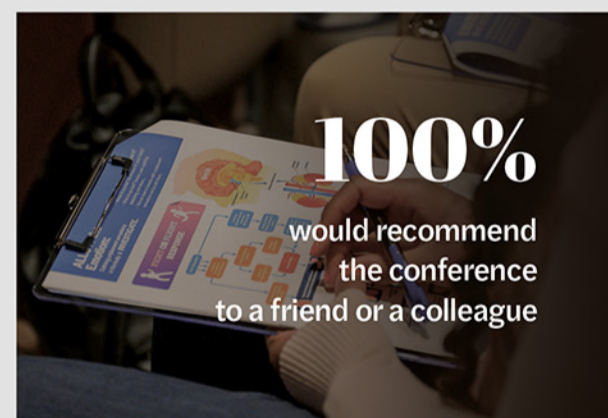
- Salil V. Deshpande, MD, MBA, FACP, Chief Medical Officer, UnitedHealthcare

FEBRUARY 2024 TRAUMATALKS CONFERENCE

94 Registrants

Hosted at The Children’s Assessment Center

Chester Street Foundation brought together clinicians, researchers, and experts on childhood trauma for its 2nd **TraumaTALKS Conference**. This one-day symposium highlighted youth populations who are disproportionately at-risk for trauma and equipped participants with best practices for helping children on their road to recovery.



100% would recommend the conference to a friend or a colleague

KEYNOTE PRESENTATIONS

February 2024: “Burnout: Fueling the Flame of Resilience” | **678** Registrants | UnitedHealthcare Special Event

September 2024: “Managing PTSD and Anxiety Following a Cancer Diagnosis: Effective Strategies to Navigate” | **1,400** Registrants | Thyroid Cancer Survivors Assoc.

EDUCATIONAL IMPACT

Since 2021, we’ve partnered with the Harris County District Attorney’s Office to equip educators with skills to support students facing adversity. In 2024 alone, we trained **418 educators** across **7 districts**, potentially impacting over **80,000 students**. In recognition of this impactful partnership, CSF was honored with a Community Partner Award.



“Thank you for your time and the valuable information you presented to the New Caney ISD counselors. I received such positive feedback about your presentation and what they learned.”

- Janet Graczyk, Director of Counseling, New Caney ISD

Why This Work Matters

Childhood trauma is a national health crisis. According to the Centers for Disease Control and Prevention, **three in four** high school students reported experiencing one or more traumatic events, and **one in five** experienced four or more.

2024 FINANCIALS



- 56% | Grants
- 30% | Individuals
- 13% | Corporations
- 1% | Earned



- 79% | Program Services
- 18% | General Administrative
- 3% | General Fundraising

*2024 began with a \$65k surplus

2024 BOARD MEMBERS

- Shawn Alex Nemeth** (Chester Street Foundation), Chair
Kathryn E. Hayden (Secretary)
Albert M. Sanchez, MBA (Central Houston, Inc.), Treasurer
Leah Adams (Institute of Spirituality and Health at Texas Medical Center)
Marian Cabanillas, MBA (UnitedHealthcare)
Salil Deshpande, MD, MBA, FACP (UnitedHealthcare)
Katie Jackman (Hey Jackman MKTG)
Melissa Goldberg-Mintz, PsyD (Secure Base Psychology)
Vernicka Porter-Sales, DO, FAAP (Legacy Community Health)
Meghan Tibo, MA (The Tallest Trees, LLC, Katy ISD)
Marlen J. Trujillo, PhD, MBA (Spring Branch Community Health Center)



SUPPORTERS

\$80,000



\$20,000 - \$25,000

Ann Taylor & Mark Smith



\$5,000-\$8,000

Harris County DA's Office
 Kathryn Hayden
 Spring Branch Community Health Services
 St. Paul's United Methodist Church
 William Lucia

Every effort has been made to ensure that this list is accurate. Our sincere apologies for any error or omissions.

\$1,000-\$4,999

Albert Sanchez, MBA
 Benevity Community Impact
 United Health
 Catherine Velasquez
 Central Market – HEB
 DeJuana Jernigan, MSW, LCCA, LCPAA
 Dr. Richard & Marie Fish
 Esther Friedman Family Foundation
 Institute for Spirituality and Health
 Jameson Gray
 Katie Jackman
 Marian Cabanillas, MBA
 Marlen Trujillo, PhD, MBA
 Melissa Goldberg-Mintz, PsyD
 Mike Martin and Shawn Nemeth
 Pedro Diaz, MD
 Salil Deshpande, MD, MBA, FACP
 Vernicka Porter-Sales, DO, FAAP

\$250-\$999

Ann Hathaway McKee
 David McGurk
 Dr. Susan Larrey
 Kevin Gilliard and Frank Billingsley
 Leah Adams
 Lenox Reed
 Thomas F. Powers

ADDITIONAL GRATITUDE TO

Collaborative Partners:

- UTHealth Cizik School of Nursing
- Texas Psychological Association
- UnitedHealthcare
- Thyroid Cancer Survivors Assoc.
- The Jung Center

Overseeing Psychologists:

- Ann Friedman, PhD
- Megan Mooney, PhD

Chester Street Foundation a 501c(3) nonprofit, was founded in 2017 by childhood trauma survivor Shawn Alex Nemeth. CSF endeavors to shine a light on the invisible wounds of childhood trauma through education and collaboration, to promote prevention, recovery, and resilience in children, their families, and the professionals who serve them. Educating the adults around traumatized children is a crucial part of helping them on their road to recovery, so CSF developed TraumaTALKS, a series of high-quality trauma-informed trainings featuring Nemeth and licensed mental health professionals. **CSF is one of a few organizations in Texas that leverages both lived experience and evidenced-based research.**

CHESTER STREET FOUNDATION

ChesterStreetFoundation.org
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@CSF4TheChildren @ChesterStreetFoundation @Chester-Street-Foundation @ChesterStreetFoundation2045

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