

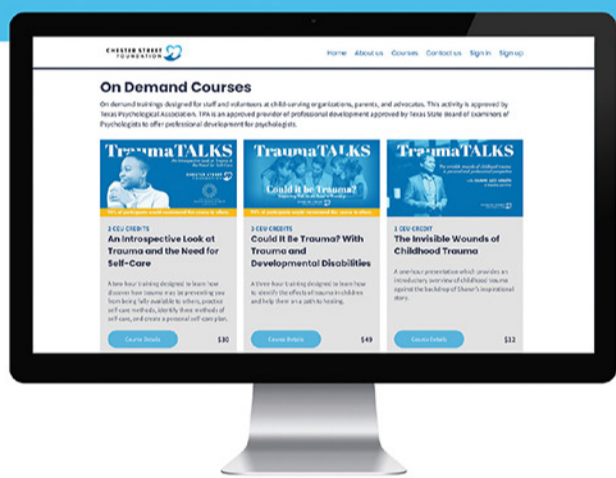
2023 Impact Report

Shining a light on the invisible wounds of childhood trauma so that children receive the treatment they deserve.



CHESTER STREET FOUNDATION

2023 HIGHLIGHTS



TraumaTALKS

IN-PERSON AND ON-DEMAND VIDEO COURSES

More than **1,300** educators, mental health professionals, healthcare workers, and advocates were trained in 2023, thanks to your support. **That's 5x the number of people we trained in 2022!**

We produced 2 new presentations in 2023 and provided training to **1,339** individuals, bringing our cumulative total to **over 3,400 since 2018** through in-person and on-demand programs.

The feedback has been astronomical:

- 96%** attest that the training has enhanced their approach to working with children.
- 94%** now feel more confident in their ability to work with traumatized children.
- 94%** are better equipped to identify trauma responses in children.
- 92%** have utilized their newfound skills to support children who have experienced trauma.

“The resources this training has provided will allow me as a parent and medical professional to better understand how to support kids and adults that have experienced childhood trauma.”
-J. Rojas

“I’ve done a lot of continuing education for Trauma, and then a lot of continuing education for Autism and IDD—not once in close to 40 years have I seen a video as good as this one. Thank you!”
- M. Cano

FEBRUARY 2023

INAUGURAL TRAUMATALKS CONFERENCE

95 Registrants

Hosted at The Children’s Assessment Center

Chester Street Foundation brought together clinicians, researchers, and experts on childhood trauma for its inaugural **TraumaTALKS Conference**. This one-day symposium highlighted youth populations who are disproportionality at-risk for trauma and equipped participants with best practices for helping children on their road to recovery.



COMMUNITY EVENTS

SEPTEMBER 2023: “An Introspective Look at Trauma and the Need for Self-Care” | **120** Registrants (Sold Out) | Hosted at The Health Museum

OCTOBER 2023: “Could It Be Trauma?: Supporting Kids on the Road to Recovery” | **86** Registrants | Hosted at The Jung Center

Partnering Organizations





Childhood trauma is a national health crisis. According to the National Survey of Children's Health, **46%** of U.S. children have experienced at least one type of childhood trauma.

Sadly, that's nearly half of our country's children.

2023 FINANCIALS



- 61% | Grants
- 20% | Individuals
- 11% | Corporations
- 8% | Earned



- 83% | Program Services
- 15% | General and Administrative
- 2% | General Fundraising

*Includes funds received in 2023 for 2024 programs

BOARD

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SUPPORTERS

\$115,000

\$5,000-\$7,500

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\$1,000-\$4,999

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\$250-\$999

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 Ann Taylor and Mark Smith
 Meghan Tibo, MA

Every effort has been made to ensure that this list is accurate. Our sincere apologies for any error or omissions.

ADDITIONAL GRATITUDE TO

Collaborative Partners:

- UnitedHealthcare
- The Jung Center's Mind Body Spirit Institute

Overseeing Psychologists:

- Ann Friedman, PhD
- Megan Mooney, PhD

Chester Street Foundation (CSF), a 501c(3) nonprofit, was founded in 2017 by childhood trauma survivor Shawn Alex Nemeth. CSF endeavors to shine a light on the invisible wounds of childhood trauma so that kids can receive the treatment they deserve while they are still young enough to recover without continuing the cycle of trauma into adulthood. Educating the adults around traumatized children is a crucial part of helping them on their road to recovery, so CSF developed TraumaTALKS, a series of high-quality trauma-informed trainings featuring Nemeth and licensed mental health professionals. **CSF is one of a few organizations in Texas that leverages both lived experience and evidenced-based research.**



CHESTER STREET FOUNDATION

ChesterStreetFoundation.org
832.982.4514

@CSF4TheChildren
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