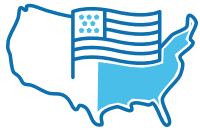


Houston, we have a problem

More than ever before, mental health researchers and professionals are finding that untreated trauma from child abuse is at the core of a significant number of chronic health issues.

Did you know?



Nearly **1 in 3** American children ages 12-17 years have experienced **two or more types of childhood adversity** that are likely to affect their physical and mental health as adults.



Almost half of the nation's children have experienced at least **one or more types of serious childhood trauma**.

Chester Street Foundation was established to provide a voice for abused children and educate our community, particularly those on the frontlines of the issue. No child should have to live a life imprisoned by panic, rage, and helplessness.

Chester Street Foundation's mission is to shine a light on the invisible wounds of childhood trauma so that abused children receive the treatment they deserve.

Change is possible

Chester Street Foundation's strategy to fulfill its mission is to educate the community on the science behind the emotional reactions to trauma and the ways to help abused children heal and recover. **Our 2019 educational programs include:**

- **Monthly TraumaTALKS for the community in both public and private settings**
- **TraumaTRAININGS for educators in schools, faith-based communities, and other child-based organizations**

TraumaTALKS and workshops are given by Chester Street Foundation's Founder and CEO, Shawn Alex Nemeth (a trauma survivor), along with other clinicians and facilitators. Since launching our educational programs in 2018, we have educated hundreds in the community through 12 events and secured an important partnership with Katy ISD.



The story of Shawn Alex Nemeth is filled with the trauma of child abuse, shame, and deep internal conflict. As an ordained minister, he did everything he was taught to do while attempting to help others heal. For years, he spent countless hours in prayer, pastoral counseling, and hard work to forgive his abusers. In 2009, Shawn had to be hospitalized with chronic Post Traumatic Stress Disorder because of the severe trauma his therapists said had

been encoded in his brain and body when he was a boy. But even though he was traumatized by a tumultuous childhood, Shawn found the strength to recover and to thrive. This experience ignited him on a quest — not only for his own wholeness — but with a new passion and purpose to help abused children heal and recover. That's why he established the Chester Street Foundation.

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chesterstreetfoundation.org | 832.982.4514

Trauma Training for Educators

TraumaTRAININGS are available for educators in schools, faith-based communities, and other child-based organizations.

Shining a Light on The Invisible Wounds of Childhood Trauma

This three-hour workshop, facilitated by Shawn Alex Nemeth (a trauma survivor), provides educators with a personal and professional perspective of childhood trauma with small-group interactions and practical problem-solving activities. Through this workshop, participants will learn how to:

1. Recognize the types of trauma and the impact on brain development
2. Understand the effects of trauma exposure and its long-term consequences
3. Access tools to promote a sense of safety and help children in the classroom

Participants also receive a professionally-created quick reference guide to help them work with traumatized children more effectively in the classroom.

Contact Us

Contact shawn@chesterstreetfoundation.org for details to bring this effective trauma-training program to your school district, or any faith-based/community/civic organization working with children.



As a child welfare professional for the last 25 years, I have seen my share of children adversely impacted by abuse and neglect and trauma and have a keen awareness of its long-term effects, especially when it goes untreated. In order to provide the best mental health care for these children, child welfare and mental health professionals need to be trauma competent and have access to educa-

tional resources and programming that is provided by the Chester Street Foundation. It is an honor to be affiliated with an organization like Chester Street Foundation that is committed to breaking the cycle of untreated childhood trauma, paving the way for healing and hope for a brighter future for these children.

DeJuana Jernigan, MSW, LCPAA

Director, Child Welfare & Residential Treatment, DePelchin Children's Center

When I first heard Shawn's story it immediately resonated with me! And this was without even knowing the extent of the great work of the Chester Street Foundation. As part of a team of 50 licensed mental health professionals working in schools, I am so grateful that the Chester Street Foundation will be educating us on the impact of abuse and neglect on children and how we can transfer

this knowledge to classroom teachers so that they can work with students from a trauma informed lens. The Chester Street Foundation is committed to the improvement of the lives of those affected by trauma through a multifaceted approach that includes advocacy and education. We look forward to our continued partnership.

Kristie Moore, Psy.D.

Instructional Officer for Psychological Services, Katy ISD



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